

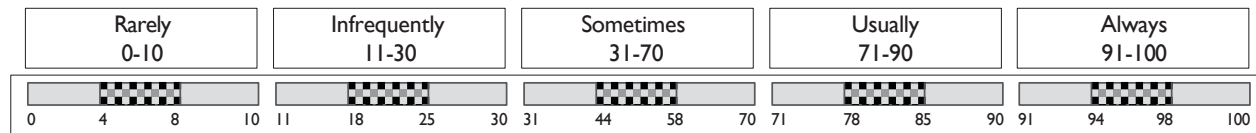
4



Visual Performance Individual

Challenges & Skills	Accuracy & Definition
<ul style="list-style-type: none"> • Form, Body, and Equipment Challenges • Variety and Range of Skills • Tempo and Pulse • Variety of Techniques • Simultaneous Responsibilities 	<ul style="list-style-type: none"> • Control of Form, Body, and Equipment • Demonstration of Variety and Range of Skills • Control of Tempo and Pulse • Demonstration of Technique and Style • Recovery
Score	Score
100	100
Total	
Maximum 200	

JUDGE: _____



Challenges & Skills	Accuracy & Definition
<p>To what degree and how do the performers demonstrate:</p> <ul style="list-style-type: none"> • <u>depth</u> and <u>breadth</u> of body, form, and equipment responsibilities? • a <u>variety</u> and <u>range</u> of skills? • the <u>principles</u> of <u>movement</u>? • <u>alignment</u> and <u>spacing challenges</u>? • <u>range</u> in effort changes? • <u>training</u> and <u>style</u>? • <u>tempo</u>, <u>rhythmic variations</u>, and <u>pulse control</u>? • <u>simultaneous</u> responsibilities? 	<p>To what degree and how do the performers demonstrate:</p> <ul style="list-style-type: none"> • <u>control</u> of form, body, and equipment? • <u>poise</u> in movement and equipment? • <u>variety</u>, <u>range</u>, and <u>uniformity</u> in technique? • <u>quality technique</u> in handling equipment? • control of <u>tempo</u> and <u>pulse</u> through a variety of settings? • <u>detail</u>, <u>nuance</u>, and <u>training</u> in individual technique? • a clearly defined <u>style</u>? • training in both mental and physical <u>recovery</u>? • mastery of <u>simultaneous</u> responsibility?